

CONTACT

+1 778 348 1751

Lizzy11@shaw.ca

4030 Winchester Rd
North Cowichan BC
V9L 6E9 Canada

https://youtu.be/-lMglEu3opY

EDUCATION

GRADUATION YEAR 2028

DUNCAN CHRISTIAN SCHOOL
BC, CANADA

ABOUT ME

- height: 5.5ft or 166cm
- Weight: 117 lbs or 53 KG
- dominant foot: left
- position preference: holding mid, winger, striker
- Born: March 11th, 2010 (Germany)
- Citizenship: German and Canadian

LANGUAGES

- English (Fluent
- German (Fluent)
- French (Basic)

REFERENCE

Tannis McKay - Pacific FC Coach

+1 778 772-3488

tannis.mckay@gmail.com

Chad Lintott - ELITE XI - Coach

+1 250 713 3775

c5lintott@hotmail.com

ELISABETH "LIZZY" JEHN

GRADUATION YEAR 2028

PLAYER TYPE

My strengths are my speed, technical ability, and excellent footwork. I am confident using both feet, with a particularly strong left foot and a reliable right foot. I am a versatile player who can perform effectively on either wing, as a holding or attacking midfielder, or as a striker.

ACHIEVEMENTS

CLUB SOCCER

***BC* Super Premier League -** Nanaimo United FC - 2022/23 - 5 goals

West Coast League Champion U14 - Cowichan V. Soccer Assoc. 2023/24 - team captain - 35 goal and 12 assists in 37 games

West Coast League U15 Playoff finals - Cowichan V. Soccer Assoc. 2024/25 - team captain - 20 goal and 9 assists in 22 games

West Coast League Div 1 U17 Playoff finals - Cowichan Valley Soccer Assoc. - 2025/26 - team captain - 5 goals and 2 assists in 10 games

Call up player for Division 2, Division 1 women and Select women (adult league) 2025/26 - 3 goals and 4 assists in 4 games

Pacific FC U17 in Victoria, BC - British Columbia Soccer Premier League 2026 / 27

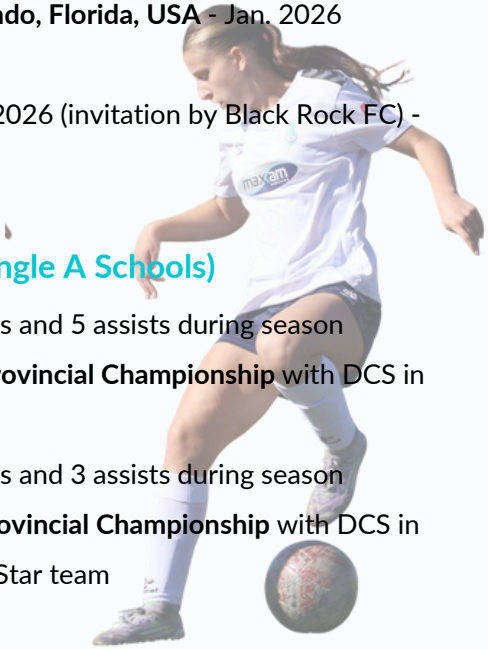
ELITE XI CANADA - select team - Showcase Tournaments

NCAA College Showcase Tournament, Raleigh, North Carolina, USA - Dec. 2024
played all three games during the NCAA college showcase tournament

Gothia Cup 2025 - Gothenburg, Sweden, Europe - 2025
played all four games - 1 goal - 1 assist

Disney Girls Soccer Showcase Tournament, Orlando, Florida, USA - Jan. 2026
played all three games - 1 goal

Jefferson Cup, Richmond, Virginia, USA - March 2026 (invitation by Black Rock FC) - played all three games



SCHOOL SOCCER (BC School Sports - Single A Schools)

Duncan Christian School team - 2024/25 - 6 goals and 5 assists during season

BC School Soccer Provincials - 2nd place in BC Provincial Championship with DCS in 2025 - 3 goals and 3 assists

Duncan Christian School team - 2024/25 - 8 goals and 3 assists during season

BC School Soccer Provincials - 3rd place in BC Provincial Championship with DCS in 2026 - 4 goals and 2 assists - elected into the All-Star team

WHITE CAPS VANCOUVER ISLAND ACADEMY - **invitational training**